HOW TO QUEST:
Acadia Quest- teams complete 6 activities with documentation.
Speed Quest- teams complete 3 activities with documentation.

Team Name

1. **ASTICOU PATH**
   Fabian, Trail Crew
   Picture yourself 100 years ago walking this trail either to get some tea at Jordan Pond or to access some of the connector trails going up to the mountains nearby. Penobscot, Sargent, or Eliot Mountain. Have fun, and check out the map house!

2. **BALD PEAK**
   Yarrow, Youth Conservation Corps
   Bald Peak has lots of mountains around it that you can choose to hike. Sargent Mountain, for example, has Sargent Pond on top. From Bald Peak there’s a really nice view and normally not so many people, so it’s not too crowded.

3. **DEER BROOK TRAIL**
   Roger, Trail Crew
   Hi, I’d like to send quest teams to Jordan Cliffs Trail via the Deer Brook Trail for the variety of stonework and woodwork and iron rungs and beautiful views of Jordan Pond.

4. **ELI CREEK BRIDGE**
   Mike, Trail Crew
   Eli Creek Bridge is a really special project that a few of us got to build on a remote island and it came out quite cool. It’s crosses Eli Creek where it pours into the bay. It’s very unique so go check it out.

5. **FLYING MOUNTAIN**
   Cobi, Youth Conservation Corps
   I’m sending people to Flying Mountain because it is a beautiful, easy trail. I’ve been there a lot with my family and it’s one of our favorite hikes. You get a really nice view of Somes Sound at the end of it.

6. **HADLOCK BROOK TRAIL**
   Christa, Trail Crew
   Hey Questers, I’m sending you to the Hadlock Brook Trail via Hadlock Ponds Trail. Enjoy the bog walk, the magnificent Waterfall Bridge, and stone staircases. This forest trail is very peaceful and beautiful. From the top, choose your own adventure!

7. **KNIGHT NUBBLE**
   Sarah, Trail Crew
   This is one of my favorite spots on the island, where you'll find old growth and rich mosses. Head up the Perpendicular Trail’s granite steps, then drop down into the notch. It’s very different from the east side of the park and less hiked, so it’s really gorgeous to explore.

8. **LITTLE HUNTERS BEACH**
   Shemmy, Youth Conservation Corps
   I would like to send teams to the Little Hunters Beach Trail because I really enjoyed working there. If you’re a fan of both a forest and the beach, that is a really good place to go. There is a really nice hike, it’s shaded, and there are no crowds.

9. **PRECIPICE TRAIL**
   Dre, Youth Conservation Corps
   I would like to send you to the Precipice Trail because I had to carry logs and planks up there for a bridge. I had a huge sense of accomplishment and I just felt so satisfied and happy with myself. I want other people to be able to experience that, too.

10. **SHIP HARBOR TRAIL**
    Amee, Youth Conservation Corps
    I am sending teams to Ship Harbor Trail where I worked for the summer. It’s a really sweet view of the water from the cove and the ledge to see views of the open ocean, you get to see tons and tons of birds, and it’s gorgeous when the water sparkles.
11. **CONNERS NUBBLE**  
*Heather, Trail Clerk*  
Hi Questers, I love to go to Conners Nubble. I start at Eagle Lake and bike or walk the carriage road to the log sign at Conners Nubble, where I leave my bike and hike up. The top has fantastic views of Eagle Lake, Cadillac Mountain, and the north side of the Bubbles. This hike is really short, but can be made longer by biking all around Eagle Lake or hiking over the Bubbles. One of my favorite things to do on Conners Nubble is yoga and I always finish with the tree pose! I hope you enjoy this hike.

12. **GREAT HEAD TRAIL**  
*Chris, Trail Supervisor*  
Hi, I’m sending you to the ruins of the old teahouse on Great Head. Hike the east leg of the trail, go out to the point where you start to get really great views of the ocean, and look to your left for a pile of old stones. That’s the ruins of the old teahouse, built by J.P. Morgan’s daughter in the early 1900’s. You can find pictures online and it’s a really cool looking structure. Look closely as you walk in the park and you will see old ruins everywhere because there is so much rich history in Acadia.

13. **SEASIDE PATH**  
*Gary, Trail Foreman*  
Hi, I can’t wait for you to quest on the Seaside Path. It’s an abandoned trail that we are rehabilitating and you’ll be able to walk from Seal Harbor Beach to the Jordan Pond House and back. If you wanna go see it, take the bus, hike, bike, or drive to Jordan Pond House and walk south on the carriage road. You’ll see that the trail starts within, oh, 50 yards of the gate. Head down there and see what the guys and gals are doing who are working on the trails program. It’ll be a great time.

14. **VALLEY TRAIL**  
*Jeff, Crew Supervisor*  
My choice for you guys is the Valley Trail, because it’s a great place, almost unlike any other place in the park, where you feel transported. You get down in your own little area, you’re in a valley between two mountains with really amazing moss, big giant rocks, cool cliffs, lots of places to explore. You sorta feel like you’re in your own little world and when it’s rainy or foggy it’s a great spot to feel like you’ve gone back to the time of the dinosaurs. So that’s where you’re heading, good luck.

15. **SUNDEW TRAIL**  
*Kate, Education Coordinator*  
Hi teams, I worked with Dan, who created the black and white photos that you’re looking at. I’ve picked the Sundew Trail on the Schoodic Peninsula. It’s one of the most phenomenal places to look at geology and get a great view of Mount Desert Island and Frenchman’s Bay. It’s a wonderful place as you go from cove to cove to ledge and look at how waves sort material by energy. Low energy places have fine sand and mudflats, really high energy areas have ledges and huge boulders.

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**DANIEL J. GRENIER, Photographer**

daniel-grenier.com
HOW TO QUEST

STEP 1: REGISTER YOUR TEAM
Complete the registration form online or e/mail the form from your paper packet to Friends of Acadia.

STEP 2: GET A PACKET & PARK PASS
Paper: after registering your team, print a packet on www.friendsofacadia.org or pick up a packet and park pass at the following locations, which are open daily through mid-October:
- Hulls Cove Visitor Center (under renovation in early June)
- Thompson Island Information Center
- Village Green Information Center

Digital: Download the new Acadia Quest app to experience interactive content and to collect digital badges in Acadia National Park. Search for “Friends of Acadia” or “Acadia Quest” in the app store on your iOS or Android mobile device. You may also explore the app on your desktop at www.friendsofacadia.oncell.com Another digital option is to purchase your park pass online at www.yourpassnow.com

STEP 3: DOCUMENT YOUR QUEST
Acadia Quest- teams must complete 6 activities. Speed Quest- teams must complete 3 activities. Document activities completed by your team with: photos, event ticket stub signature of an event leader/bus driver, or rubbings of a summit sign, geological survey medallion, carriage road signs, etc. Submit complete documentation and a copy of your Quest Card via e/mail. For the digital version, please submit a screen shot of the Acadia Quest badges that you earned in the app via acadiaquest@friendsofacadia.org

STEP 4: SHARE ON SOCIAL MEDIA!
Share your Acadia Quest adventures via email or Facebook and Instagram! We use team images in the app and other media. Follow us on @FriendsofAcadia and tag your photos using #AcadiaQuest.

STEP 5: PRIZES!
ACADIA QUEST: teams that submit registration and full documentation of their completed Acadia Quest will receive prizes, such as a park pass, entry into a raffle drawing, and an Acadia Quest patch.
SPEED QUEST: teams that submit registration and full documentation of their completed Speed Quest will receive an Acadia Quest patch.
DEADLINE: November 15, 2019. Prizes will be sent to teams after the deadline at the end of the year.
REGISTRATION FORM

Registration is not required for teams to quest. If you would like to be eligible for prizes, please register online or use this form.

Please return to: Friends of Acadia, PO Box 45, Bar Harbor, ME 04609 or acadiaquest@friendsofacadia.org

Title: _______ First Name: _______________________________ Last Name: __________________________________________________

Email: ____________________________________________________ Phone: ___________________________________________________

Mailing Address: _______________________________________________________________________________________________________

Team Name: ___________________________________________________________________________________________________________

Number of total participants in team: _____ adults (18 and over) in team: _____ youth (under 18) in team: _____

Do you plan to: pick up your packet at a location? ______ OR print your packet from the FOA website? ______

ACADIA QUEST LIABILITY RELEASE / PERMISSION:

I have decided to participate in Acadia Quest (the “Quest”) which will call upon me to engage in various physical activities (collectively, the “Activities”). I warrant and represent to you that I am fully familiar with the Activities that I will be performing in connection with the Quest, have performed the same or similar Activities prior to this time, and acknowledge complete understanding of the risks involved in performing such Activities, including the risk of serious physical injury, death and/or property damage. I make this representation to you with the full understanding that you are relying on these representations. In view of my knowledge of the Activities and in view of the foregoing, I hereby accept all risks attendant thereto and agree to release and hold harmless Friends of Acadia and Acadia National Park, and their respective parent and affiliated companies/entities and their respective employees, officers, directors and agents, and any other entities and individuals in any way connected with the Quest from any liability, claims or actions of any kind for injury, death, damage (including but not limited to property damage), loss or illness that might arise out of my participation in the Activities. I assume complete responsibility for all risks and for injuries, death and/or property damage that may occur as a result of those risks, even if such injuries, death or property damage occurs in a manner that is not foreseeable at the time I sign this release. I acknowledge that photographs may be taken during the Quest and that those images may be used for promotional purposes by Friends of Acadia and Acadia National Park.

I HAVE READ THIS AGREEMENT THOROUGHLY AND UNDERSTAND ALL TERMS AND CONDITIONS. NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS HAVE BEEN MADE TO ME THAT CHANGE, ALTER OR MODIFY ANYTHING WITHIN THIS WRITTEN AGREEMENT. MY SIGNATURE BELOW CONSTITUTES MY ACCEPTANCE AND AGREEMENT TO ALL OF THE TERMS AND CONDITIONS SET FORTH ABOVE.

Liability Release and Permission*

By signing below, I certify that I am 18 years of age or older and I have read and accept the above liability release and permission statement on behalf of my team.

________________________________________   __________________________________________
Signature(s)                                                         Date

________________________________________   __________________________________________
Print Name(s)
Your Safety in Acadia National Park

Acadia National Park offers many opportunities for discovery. To help ensure a safe, enjoyable visit, pay attention and follow a few important guidelines as you explore the park.

- **Emergency phone: 911**
- Be prepared. While hiking, remember to bring: water (at least 20 ounces), map, adequate clothing, first aid kit, and flashlight.
- Be careful while walking near cliff ledges. Loose gravel on rocks creates dangerous footing, which can result in serious falls.
- Be sure to tell someone your plans—when you are leaving, where you are going, and when you will return.
- Remain in one place if you become separated from your group.
- Check for ticks, as Lyme disease can occur in this area. If you are walking through tall grass, consider wearing long pants and using insect repellent.
- Poison ivy is found at Acadia. Learn to identify and avoid it while exploring the park.
- Drive safely and wear your seatbelt at all times. The speed limit is 35 mph in the park unless otherwise noted. It is easy to get distracted by scenery—pay attention.
- When in doubt, ask a ranger first!

**Trail Safety**
There are a number of things you can do to make your hike safer.

- Carry water.
- Wear sturdy hiking shoes. Dress for variable weather.
- Follow blue trail blazes and use a map.
- Do not modify or build new cairns. Changes to trail markers may endanger other hikers.
- Know the difficulty level of the trail and your physical abilities and limitations.

**Carriage Road Biking Safety**
You may encounter heavy machinery and trucks used for carriage road maintenance. Please be careful.

- Bicyclists yield to all users. Everyone yields to horses, which can be startled by sudden movements.
- Slow down! Speeding can be hazardous.
- Be prepared to stop. Sudden stops are dangerous on loose gravel.
- Stay to the right. Give a clear warning before passing on the left.
- Move to the side when stopped.
- Wear a helmet and carry water.
- Leave no trace. Carry out what you carry in.

**Pets**
With some restrictions, you may bring your pet with you to Acadia National Park. At all times, pets must be restrained on a leash no longer than six feet in length. Leashes protect dogs from becoming lost and from other hazards, such as porcupines and sick, injured, or rabid animals. Leashes also help protect park resources, including wildlife and vegetation. Pet owners are responsible for removing pet waste from campgrounds, picnic areas, parking lots, roads, and other developed areas. For more information about where you can and cannot bring your pet in Acadia, visit [http://www.nps.gov/acad/planyourvisit/pets.htm](http://www.nps.gov/acad/planyourvisit/pets.htm).

*Information from: [http://www.nps.gov/acad/planyourvisit/yoursafety.htm](http://www.nps.gov/acad/planyourvisit/yoursafety.htm)*
Take Care From Ticks

Ticks are prevalent in Acadia, mostly active late spring to early fall. Tick-borne diseases are an increasing public health concern across the region. To limit your exposure:

- Walk in the middle of trails away from tall vegetation
- Wear light-colored clothing so ticks are easier to spot
- Wear pants tucked into socks
- Spray your shoes and clothing with repellent
- Check yourself carefully after walks

Learn more from the Centers for Disease Control and Prevention.

Where to check for Ticks

- Inside and behind ears
- Hairline
- Back of neck
- Armpits
- Inside belly button
- Around waistline
- Groin
- Legs
- Behind knees
- Between toes

Sources: CDC, Massachusetts Department of Health and Human Services
Isle au Haut

Isle au Haut's History

“High Island” is the English translation for Isle au Haut, the name given by the French navigator Samuel Champlain during his explorations of the Maine coast in 1604. Although shell heaps along the island’s shores tell of an American Indian presence long before Champlain’s arrival, it wasn’t until the end of the American Revolution that farmers, fishermen, and boat builders came to the island in large numbers. In the 1880s a small summer community was established–attracted by agreeable weather and idyllic scenery.

In 1943, heirs of the founder of that community donated portions of Isle au Haut to the federal government as part of Acadia National Park. Because of their generosity, much of the island’s beauty and solitude is now yours to experience and enjoy.

Although about one-half of Isle au Haut is federal park land, the other half is privately owned, with summer residents and a year-round fishing community. Please respect private property.

Hiking

Eighteen miles of trails offer opportunities to explore rocky shorelines, wooded uplands, marshes, bogs, and a mile-long freshwater lake. Be prepared for rough and sometimes wet trails. Bring adequate footgear, warm clothing, and raingear.

Duck Harbor provides the best starting point for hiking. During the summer, a park ranger may board the ferry at the town landing to answer questions about Isle au Haut.

Ferry Service to Isle au Haut

Isle au Haut is linked to the mainland by a year-round, passenger-only ferry from Stonington to the Isle au Haut Town Landing. Stonington is approximately 1.5 hours by car from Bar Harbor. From mid-June through late September, the ferry also stops at the Duck Harbor Boat Landing, near the campground. The ferry operates on a first-come, first-served basis. For current fare and schedule information, contact Isle au Haut Boat Services at (207) 367-6516 or (207) 367-5193 or visit: www.isleauhaut.com

Day Trips to Isle au Haut

The number of visitors allowed in the Isle au Haut section of Acadia is limited and day trippers may, on rare occasions, be denied access to the park.

When visiting Isle au Haut:

• Campfires are allowed only in designated campground areas. Collection of dead and down wood is permitted. Never leave fires unattended. During periods of high fire danger, campfires in the campground and smoking on trails may be prohibited.
• Pets must be leashed at all times while in the park and are prohibited in the campground.
• The possession, destruction, removal, or disturbance of park property or natural resources is prohibited.
• It is illegal to be in the park when under the influence of alcohol and/or a controlled substance. The possession of alcoholic beverages by a minor (less than 21 years old) is prohibited.
• The operation of any audio device that unreasonably annoys other park visitors is prohibited. Radios must be completely off during quiet hours, from 10PM to 7AM.
• Accidents must be reported to park rangers if property damage or personal injury are involved.
• Fishing is permitted in accordance with Maine law. A state license is required for freshwater fishing.
• The possession or use of fireworks or firecrackers is prohibited.
• Hunting and trapping are prohibited.

Safety Tips

Be careful out there–protect yourself and the park! Keep these tips in mind to help ensure a safe visit to the park.

Watch your step and wear sturdy shoes. Carry a map, first aid kit, flashlight, water, and appropriate weather gear on all trips, long or short. Tell someone where you’re going and when you’ll return.

Yield to pedestrians. Watch for loose gravel on road curves and hills. Bicycles are prohibited on hiking trails.

Stay away from cliff edges. Watch for wet rocks and loose gravel near cliff edges and shorelines.

When in Acadia, all pets must be on a leash no longer than six feet for the protection of your pet, people, and wildlife.

When tidepooling, remember to keep three points of contact with the ground, watch for waves and where you walk.

When in Acadia, all pets must be on a leash no longer than six feet for the protection of your pet, people, and wildlife.

Bicycling

There are five miles of paved roads and seven miles of rough, unpaved roads on the island. Bicycles are prohibited on hiking trails. The ferry charges an additional fee to transport bicycles to and from the Isle au Haut Town Landing only.

Camping

You must have a reservation to camp at the Duck Harbor Campground. Camping is permitted in designated sites only. Five sites are available at Duck Harbor from May 15 to October 15. Pets are not permitted in the campground. A hand pump for water is located approximately 0.25 miles (400 meters) from the campground. All trash must be carried out. Checkout time is at 11AM.

Camping Limits—Campers are limited to one site per stay per year. You are more likely to receive a reservation if you apply for alternate dates or indicate that you will accept fewer days than the number requested. One reservation request form reserves one site. Six people are permitted per site. Larger groups need additional request forms.

Maximum length of stay per person or group:
• May 15 to June 14–five nights
• June 15 to September 15–three nights
• September 16 to October 14–five nights

Camping Reservations

Before choosing a camping date–check with the Isle au Haut Boat Services for the current ferry schedule (see the Ferry Service section in this brochure). Camping reservations requests must be postmarked April 1 or later. The departure date is defined as the day you vacate the campsite.

Special Use Permits—A $25 special use permit fee must accompany each reservation request form regardless of how many nights you wish to camp. There is no additional camping fee. If your reservation request is accommodated, your fee becomes non-refundable, and you will receive a reservation confirmation. If the park is unable to honor your request, your $25 will be returned. When you travel to Isle au Haut, bring your special use permit with you.

To Request a Reservation—Mail the reservation request form on the back of this brochure and the special use permit fee to:
Acadia National Park
Attn: Isle au Haut Reservations
P.O. Box 177
Bar Harbor, ME 04609

Requests postmarked before April 1 will be returned without action. Telephone requests are not accepted. For more information call (207) 288-3338 or visit: www.nps.gov/acad

Postal money orders, certified checks, or personal checks payable to the National Park Service are accepted. Do not send Canadian currency.
Isle au Haut
Isle au Haut Services—There are no private campgrounds on Isle au Haut. There are no moorings available at Duck Harbor. Boats can be anchored on the shore side of the float only. A small store and post office with limited hours are located near the town landing.

**Map Legend**
- Hiking trail
- Paved road
- Unpaved road
- Limited access road
- Park land
- Private land
- Campsite shelter
- Composting toilet
- Drinking water
- Picnic area

**Trail Information**

<table>
<thead>
<tr>
<th>Name</th>
<th>One-Way Distance (mi/km)</th>
<th>Time/Difficulty</th>
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</thead>
<tbody>
<tr>
<td>Bowditch*</td>
<td>2.0/3.2</td>
<td>1.5 hours/moderate</td>
</tr>
<tr>
<td>Cliff</td>
<td>0.7/1.1</td>
<td>45 minutes/moderate</td>
</tr>
<tr>
<td>Deep Cove</td>
<td>0.2/0.3</td>
<td>5 minutes/easy</td>
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<tr>
<td>Duck Harbor Mtn</td>
<td>3.8/6.1</td>
<td>2 hours/moderate</td>
</tr>
<tr>
<td>Eben’s Head</td>
<td>1.2/1.9</td>
<td>1.5 hours/difficult</td>
</tr>
<tr>
<td>Goat*</td>
<td>0.8/1.3</td>
<td>30 minutes/easy</td>
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<tr>
<td>Long Pond</td>
<td>8.0/13.4</td>
<td>1.25 hours/moderate</td>
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<tr>
<td>Merchant Cove</td>
<td>3.0/4.8</td>
<td>2 hours/moderate</td>
</tr>
<tr>
<td>Nat Merchant</td>
<td>1.8/2.9</td>
<td>1 hour/easy</td>
</tr>
<tr>
<td>Western Head</td>
<td>1.1/1.8</td>
<td>45 minutes/easy</td>
</tr>
<tr>
<td>Western Head Rd</td>
<td>1.3/2.1</td>
<td>1.25 hours/moderate</td>
</tr>
<tr>
<td>Paved Road</td>
<td>5.0/8.0</td>
<td>—</td>
</tr>
<tr>
<td>Unpaved Road</td>
<td>7.0/11.3</td>
<td>—</td>
</tr>
<tr>
<td>Western Head Rd</td>
<td>1.7/2.7</td>
<td>25 minutes</td>
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</tbody>
</table>

*After rains, marshes along the Bowditch Trail and Goat Trail may be too wet for hiking. Ask a park ranger for current trail conditions.

**Duck Harbor Campground and Vicinity**

**Acadia National Park**
**Isle au Haut Campground**
**Camping Reservation Request**

<table>
<thead>
<tr>
<th>Name:</th>
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<tbody>
<tr>
<td>Arrival Date</td>
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<td>Departure Date</td>
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<td>First Choice</td>
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<td>Second Choice</td>
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<td>Third Choice</td>
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</table>

**Your Contact Information**

<table>
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<tr>
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<tbody>
<tr>
<td>Street:</td>
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<td>Email:</td>
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</tr>
<tr>
<td>Number in Party:</td>
<td></td>
</tr>
<tr>
<td>Fee Enclosed:</td>
<td></td>
</tr>
</tbody>
</table>

(Official Use Only below)

Confirmed Dates: Date
Deposit Received: $ Date

Mail this camping reservation request form and the special use permit fee to:

Acadia National Park
Attn: Isle au Haut Reservations
P.O. Box 177
Bar Harbor, ME 04609

**Duck Harbor Campground camp site.**