



HOW TO QUEST

STEP 1: REGISTER YOUR TEAM

Complete the registration form online or e/mail the form from your paper packet to Friends of Acadia.

STEP 2: GET A PACKET & PARK PASS*

Digital: Download the Acadia Quest app to experience interactive content and to collect digital badges in Acadia National Park. Search for "Friends of Acadia" or "Acadia Quest" in the app store on your iOS or Android mobile device. You may also explore the app on your desktop at www.friendsofacadia.oncell.com/en/index.html Another digital option is to purchase your park pass online at www.yourpassnow.com

Paper: after registering your team, print a packet on www.friendsofacadia.org.



STEP 3: DOCUMENT YOUR QUEST

Acadia Quest- teams must complete 6 activities. **Speed Quest-** teams must complete 3 activities. Document activities completed by your team with: photos, event ticket stub signature of an event leader/bus driver, and or rubbings of a summit sign, geological survey medallion, carriage road signs, etc. Submit complete documentation and a copy of your Quest Card via e/mail. For the digital version, please submit a screen shot of the Acadia Quest badges that you earned in the app via acadiaquest@friendsofacadia.org

STEP 4: SHARE ON SOCIAL MEDIA!

Share your Acadia Quest adventures via email or Facebook and Instagram! We use team images in the app and other media. Follow us on **@FriendsofAcadia** and tag your photos using **#AcadiaQuest**.

STEP 5: PRIZES!

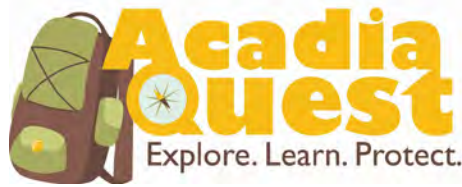
ACADIA QUEST: teams that submit registration and full documentation of their completed Acadia Quest will receive prizes, such as a park pass, entry into a raffle drawing, and an Acadia Quest patch.

SPEED QUEST: teams that submit registration and full documentation of their completed Speed Quest will receive an Acadia Quest patch.

DEADLINE: November 15. Prizes will be sent to teams after the deadline at the end of the year.

REGISTRATION FORM

Registration is not required for teams to quest. If you would like to be eligible for prizes, please register online or use this form.



Please return to: Friends of Acadia, PO Box 45, Bar Harbor, ME 04609 or acadiaquest@friendsofacadia.org

Title: _____ First Name: _____ Last Name: _____

Email: _____ Phone: _____

Mailing Address: _____

Team Name: _____

Number of total participants in team: _____ adults (18 and over) in team: _____ youth (under 18) in team: _____

Do you plan to: pick up your packet at a location? _____ OR print your packet from the FOA website? _____

ACADIA QUEST LIABILITY RELEASE / PERMISSION:

I have decided to participate in Acadia Quest (the "Quest") which will call upon me to engage in various physical activities (collectively, the "Activities"). I warrant and represent to you that I am fully familiar with the Activities that I will be performing in connection with the Quest, have performed the same or similar Activities prior to this time, and acknowledge complete understanding of the risks involved in performing such Activities, including the risk of serious physical injury, death and/or property damage. I make this representation to you with the full understanding that you are relying on these representations. In view of my knowledge of the Activities and in view of the foregoing, I hereby accept all risks attendant thereto and agree to release and hold harmless Friends of Acadia and Acadia National Park, and their respective parent and affiliated companies/entities and their respective employees, officers, directors and agents, and any other entities and individuals in any way connected with the Quest from any liability, claims or actions of any kind for injury, death, damage (including but not limited to property damage), loss or illness that might arise out of my participation in the Activities. I assume complete responsibility for all risks and for injuries, death and/or property damage that may occur as a result of those risks, even if such injuries, death or property damage occurs in a manner that is not foreseeable at the time I sign this release. I acknowledge that photographs may be taken during the Quest and that those images may be used for promotional purposes by Friends of Acadia and Acadia National Park.

I HAVE READ THIS AGREEMENT THOROUGHLY AND UNDERSTAND ALL TERMS AND CONDITIONS. NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENTS HAVE BEEN MADE TO ME THAT CHANGE, ALTER OR MODIFY ANYTHING WITHIN THIS WRITTEN AGREEMENT. MY SIGNATURE BELOW CONSTITUTES MY ACCEPTANCE AND AGREEMENT TO ALL OF THE TERMS AND CONDITIONS SET FORTH ABOVE.

Liability Release and Permission*

By signing below, I certify that I am 18 years of age or older and I have read and accept the above liability release and permission statement on behalf of my team.

Signature(s)

Date

Print Name(s)



HOW TO QUEST:

Acadia Quest- teams complete 6 activities with documentation.

Speed Quest- teams complete 3 activities with documentation.



Team Name _____



1. ACADIA MOUNTAIN
Chiara, Summit Steward

Hi, I'm Chiara. I will be sending groups to Acadia Mountain. It was one of the first mountains that I hiked in Acadia, and it has such a gorgeous view of Somes Sound. Look near the summit for one of my favorite plants, the shrub oak. Enjoy!



2. BEECH MOUNTAIN
Zoë, Women in Parks Intern

Hi, my name is Zoë. For Acadia Quest, I'm going to send you to the Summit of Beech Mountain, where you might be able to find the Beech Mountain Fire Tower. There's a lot of really awesome trails that you can take up, like South Ridge and Valley Trail.



3. BLUEBERRY HILL
Patrick, Visual Info. Ranger

Hey, my name's Patrick. The place that sending teams to quest is the Blueberry Hill Overlook on the Schoodic Peninsula. It has a beautiful view of the coastline and Schoodic Island, which is a great place to look for birds. Bring your binoculars!



4. BUBBLE POND
Josh, Supervisory Ranger

Hi, I'm Josh! I'm going to take everybody to Bubble Pond for their Acadia Quest. I love to go there with my family. It's nestled in between Cadillac Mountain and Pemetic Mountain. It's a very quiet place to reflect and engage with nature. The aquatic life there is really fun.



5. CARROLL HOMESTEAD
Deana, Interpretive Ranger

My name is Deana. I'm sending teams to the Carroll Homestead where I have been inspired this year by the family's story of immigration, hard work, and their love of nature. I really appreciate the beauty, the peaceful feeling I get when I'm at the homestead.



6. FRAZER PICNIC AREA
Mackette, Education Ranger

Hi, I'm Mackette! I'm sending teams to Frazer Picnic Area on the Schoodic Peninsula. It is a fantastic spot to go look for in the spring and fall. You can also learn about the Frazer family, some of the first black settlers in Downeast Maine. And of course, it's a wonderful spot for a picnic.



AcadiaQuest@friendsofacadia.org

207-288-3340

Friends of Acadia, PO Box 45, Bar Harbor, ME 04609



Your Safety in Acadia National Park

Acadia National Park offers many opportunities for discovery. To help ensure a safe, enjoyable visit, pay attention and follow a few important guidelines as you explore the park.

- **Emergency phone: 911**
- Be prepared. While hiking, remember to bring: water (at least 20 ounces), map, adequate clothing, first aid kit, and flashlight.
- Be careful while walking near cliff ledges. Loose gravel on rocks creates dangerous footing, which can result in serious falls.
- Be sure to tell someone your plans—when you are leaving, where you are going, and when you will return.
- Remain in one place if you become separated from your group.
- Check for ticks, as Lyme disease can occur in this area. If you are walking through tall grass, consider wearing long pants and using insect repellent.
- Poison ivy is found at Acadia. Learn to identify and avoid it while exploring the park.
- Drive safely and wear your seatbelt at all times. The speed limit is 35 mph in the park unless otherwise noted. It is easy to get distracted by scenery—pay attention.
- When in doubt, ask a ranger first!

Trail Safety

There are a number of things you can do to make your hike safer.

- Carry water.
- Wear sturdy hiking shoes. Dress for variable weather.
- Follow blue trail blazes and use a map.
- Do not modify or build new cairns. Changes to trail markers may endanger other hikers.
- Know the difficulty level of the trail and your physical abilities and limitations.

Carriage Road Biking Safety

You may encounter heavy machinery and trucks used for carriage road maintenance. Please be careful.

- Bicyclists yield to all users. Everyone yields to horses, which can be startled by sudden movements.
- Slow down! Speeding can be hazardous.
- Be prepared to stop. Sudden stops are dangerous on loose gravel.
- Stay to the right. Give a clear warning before passing on the left.
- Move to the side when stopped.
- Wear a helmet and carry water.
- Leave no trace. Carry out what you carry in.

Pets

With some restrictions, you may bring your pet with you to Acadia National Park. At all times, pets must be restrained on a leash no longer than six feet in length. Leashes protect dogs from becoming lost and from other hazards, such as porcupines and sick, injured, or rabid animals. Leashes also help protect park resources, including wildlife and vegetation. Pet owners are responsible for removing pet waste from campgrounds, picnic areas, parking lots, roads, and other developed areas. For more information about where you can and cannot bring your pet in Acadia, visit <http://www.nps.gov/acad/planyourvisit/pets.htm>.

Take Care From Ticks

Ticks are prevalent in Acadia, mostly active late spring to early fall. Tick-borne diseases are an increasing public health concern across the region. To limit your exposure:

- Walk in the middle of trails away from tall vegetation
- Wear light-colored clothing so ticks are easier to spot
- Wear pants tucked into socks
- Spray your shoes and clothing with repellent
- Check yourself carefully after walks



Learn more from the [Centers for Disease Control and Prevention](#).

WebMD

Where to check for TICKS

The infographic illustrates the following areas to check for ticks:

- Hairline
- Inside and behind ears
- Back of neck
- Armpits
- Inside belly button
- Around waistline
- Groin
- Legs
- Behind knees
- Between toes

Sources: CDC, Massachusetts Department of Health and Human Services

- | | | | |
|--|---|--|-------------------------------------|
| | Acadia National Park | | Carriage Road Bridges |
| | Carriage Roads | | Numbered Intersection Signposts |
| | Carriage Roads Closed to Bicycles | | 1.1 Mileage Between Signposts |
| | Park Loop Road | | Island Explorer Bus Stop (Seasonal) |
| | Roads | | Parking |
| | Locked Gate | | Restrooms (Some Closed in Winter) |
| | Hiking Trails
(Bicycles and Horses Prohibited) | | Drinking Water (Seasonal) |
| | Popular Loops | | Food Service (Seasonal) |
| | Private Property | | Boat Launch |

Carriage Road Bridges

- | | |
|----------|---|
| A | Duck Brook Bridge (1929) |
| B | Eagle Lake Bridge (1928) |
| C | Chasm Brook Bridge (1926) |
| D | Bubble Pond Bridge (1928) |
| E | Deer Brook Bridge (1925) |
| F | Hemlock Bridge (1924) |
| G | Waterfall Bridge (1925) |
| H | Hadlock Brook Bridge (1926) |
| I | Amphitheater Bridge (1931) |
| J | West Branch Jordan Stream Bridge (1931) |
| K | Jordan Pond Dam Bridge (1920) |
| L | Cliffside Bridge (1932) |
| M | Triad-Day Mountain Bridge (1940) |
| N | Little Harbor Brook Bridge (1919) |
| O | Cobblestone Bridge (1917) <i>outside park</i> |
| P | Stanley Brook Bridge (1933) |
| Q | Jordan Pond Road Bridge (1932) |

Witch Hole Pond Loop, Visitor Center Connector (1-2-4-5-3-2-1) is 4.7 miles. Parking lot to #1 is very steep. Dismount from bikes.

Tri Lakes Loop (Eagle Lake/Bubble/Jordan Pond) 6-7-17-16-15-14-10-8-9-6 is 10.9 miles

Eagle Lake Loop (6-9-8-7-6) is 5.9 miles

Jordan Pond Loop (16-10-8-7-17-16) is 8.6 miles

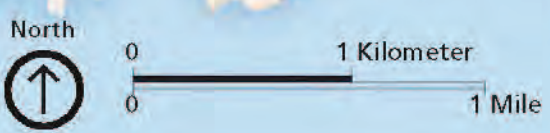
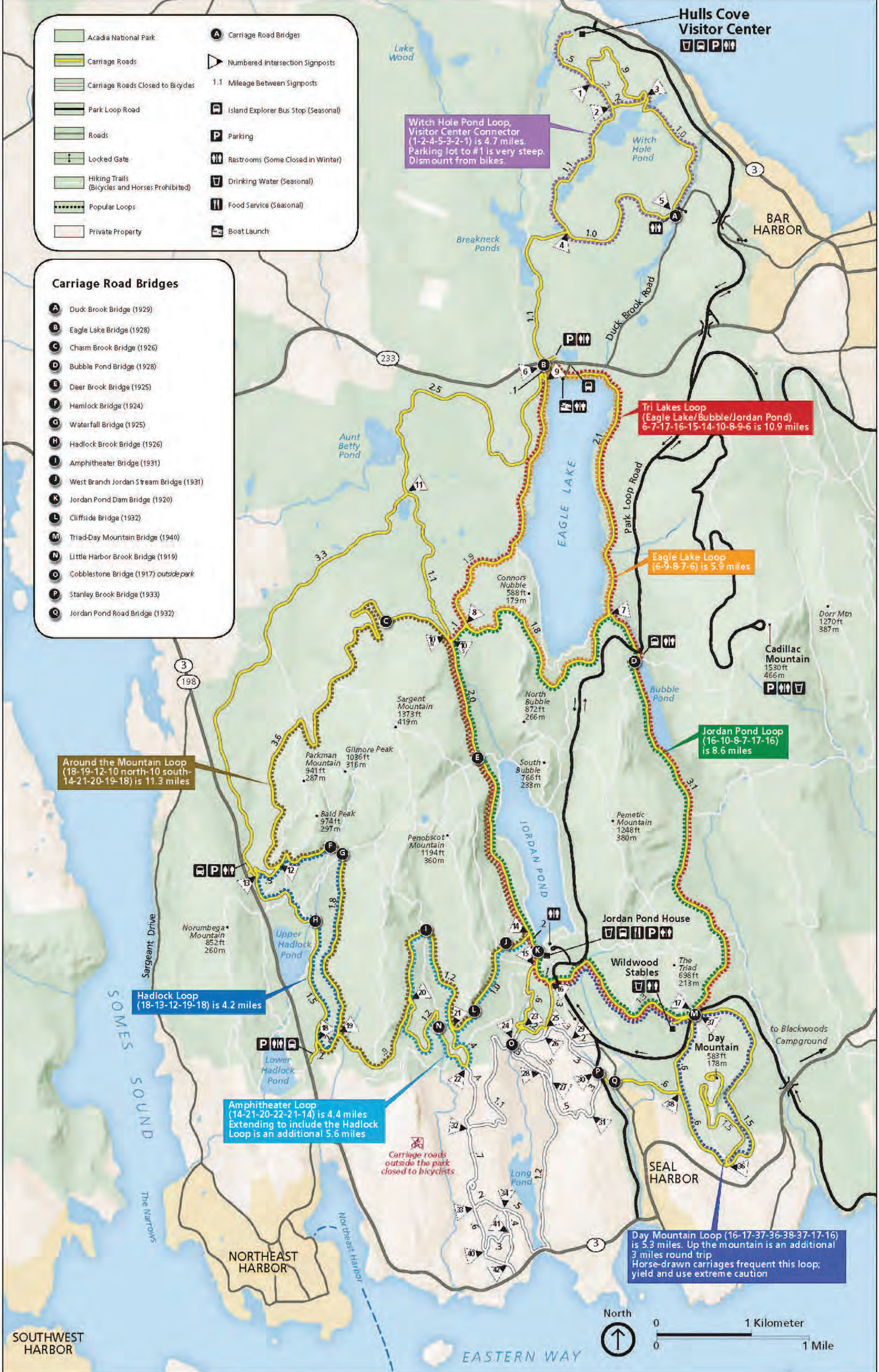
Around the Mountain Loop (18-19-12-10 north-10 south-14-21-20-19-18) is 11.3 miles

Hadlock Loop (18-13-12-19-18) is 4.2 miles

Amphitheater Loop (14-21-20-22-21-14) is 4.4 miles
Extending to include the Hadlock Loop is an additional 5.6 miles

Day Mountain Loop (16-17-37-36-38-37-17-16) is 5.3 miles. Up the mountain is an additional 3 miles round trip. Horse-drawn carriages frequent this loop; yield and use extreme caution

Carriage roads outside the park closed to bicyclists



Acadia National Park

National Park Service
U.S. Department of the Interior



Isle au Haut



Acadia National Park

P.O. Box 177, Bar Harbor, ME 04609

Information (207) 288-3338

TTY (207) 288-8800

Lost & Found (207) 288-8791

acadia_information@nps.gov

www.nps.gov/acad

Emergency—Call 911

Isle au Haut's History

“High Island” is the English translation for Isle au Haut, the name given by the French navigator Samuel Champlain during his explorations of the Maine coast in 1604. Although shell heaps along the island's shores tell of an American Indian presence long before Champlain's arrival, it wasn't until the end of the American Revolution that farmers, fishermen, and boat builders came to the island in large numbers. In the 1880s a small summer community was established—attracted by agreeable weather and idyllic scenery.

In 1943, heirs of the founder of that community donated portions of Isle au Haut to the federal government as part of Acadia National Park. Because of their generosity, much of the island's beauty and solitude is now yours to experience and enjoy.

Although about one-half of Isle au Haut is federal park land, the other half is privately owned, with summer residents and a year-round fishing community. Please respect private property.

Hiking

Eighteen miles of trails offer opportunities to explore rocky shorelines, wooded uplands, marshes, bogs, and a mile-long freshwater lake. Be prepared for rough and sometimes wet trails. Bring adequate footgear, warm clothing, and raingear.

Duck Harbor provides the best starting point for hiking. During the summer, a park ranger may board the ferry at the town landing to answer questions about Isle au Haut.

Safety Tips

Be careful out there—protect yourself and the park! Keep these tips in mind to help ensure a safe visit to the park.



Watch your step and wear sturdy shoes. Carry a map, first aid kit, flashlight, water, and appropriate weather gear on all trips, long or short. Tell someone where you're going and when you'll return.



Yield to pedestrians. Watch for loose gravel on road curves and hills. Bicycles are prohibited on hiking trails.



Stay away from cliff edges. Watch for wet rocks and loose gravel near cliff edges and shorelines.



When in Acadia, all pets must be on a leash no longer than six feet for the protection of your pet, people, and wildlife.



When tidepooling, remember to keep three points of contact with the ground, watch for waves and where you walk.

Ferry Service to Isle au Haut

Isle au Haut is linked to the mainland by a year-round, passenger-only ferry from Stonington to the Isle au Haut Town Landing. Stonington is approximately 1.5 hours by car from Bar Harbor. From mid-June through late September, the ferry also stops at the Duck Harbor Boat Landing, near the campground. The ferry operates on a first-come, first-served basis. For current fare and schedule information, contact Isle au Haut Boat Services at (207) 367-6516 or (207) 367-5193 or visit: www.isleauhaut.com

Bicycling

There are five miles of paved roads and seven miles of rough, unpaved roads on the island. Bicycles are prohibited on hiking trails. The ferry charges an additional fee to transport bicycles to and from the Isle au Haut Town Landing only.

Camping

You must have a reservation to camp at the Duck Harbor Campground. Camping is permitted in designated sites only. Five sites are available at Duck Harbor from May 15 to October 15. Pets are not permitted in the campground. A hand pump for water is located approximately 0.25 miles (400 meters) from the campground. All trash must be carried out. Checkout time is at 11AM.

Camping Limits—Campers are limited to one stay per year. You are more likely to receive a

Camping Reservations

Before choosing a camping date—check with the Isle au Haut Boat Services for the current ferry schedule (see the Ferry Service section in this brochure). Camping reservation requests must be postmarked April 1 or later. The departure date is defined as the day you vacate the campsite.

Special Use Permits—A \$25 special use permit fee must accompany each reservation request form regardless of how many nights you wish to camp. There is no additional camping fee. If your reservation request is accommodated, your fee becomes non-refundable, and you will receive a reservation confirmation. If the park is unable to honor your request, your \$25 will be returned. When you travel to Isle au Haut, bring your special use permit with you.

Day Trips to Isle au Haut

The number of visitors allowed in the Isle au Haut section of Acadia is limited and day trippers may, on rare occasions, be denied access to the park.

When visiting Isle au Haut:

- Campfires are allowed only in designated campground areas. Collection of dead and down wood is permitted. Never leave fires unattended. During periods of high fire danger, campfires in the campground and smoking on trails may be prohibited.
- Pets must be leashed at all times while in the park and are prohibited in the campground.
- The possession, destruction, removal, or disturbance of park property or natural resources is prohibited.
- It is illegal to be in the park when under the influence of alcohol and/or a controlled substance. The possession of alcoholic beverages by a minor (less than 21 years old) is prohibited.
- The operation of any audio device that unreasonably annoys other park visitors is prohibited. Radios must be completely off during quiet hours, from 10PM to 7AM
- Accidents must be reported to park rangers if property damage or personal injury are involved.
- Fishing is permitted in accordance with Maine law. A state license is required for freshwater fishing.
- The possession or use of fireworks or firecrackers is prohibited.
- Hunting and trapping are prohibited.

reservation if you apply for alternate dates or indicate that you will accept fewer days than the number requested. One reservation request form reserves one site. Six people are permitted per site. Larger groups need additional request forms.

Maximum length of stay per person or group:

- May 15 to June 14—five nights
- June 15 to September 15—three nights
- September 16 to October 14—five nights

All 5 camping sites include:

- One three-sided, lean-to shelter with a roof and floor. Dimensions are 8 feet tall, 8 feet deep, and 12.5 feet wide. All tents must be set up within the shelter.
- Fire ring
- Picnic table
- Storage locker for all food and toiletries
- Composting toilet

To Request a Reservation—Mail the camping reservation request form on the back of this brochure and the special use permit fee to:

Acadia National Park

Attn: Isle au Haut Reservations

P.O. Box 177

Bar Harbor, ME 04609

Requests postmarked before April 1 will be returned without action. Telephone requests are not accepted. For more information call (207) 288-3338 or visit: www.nps.gov/acad

Postal money orders, certified checks, or personal checks payable to the National Park Service are accepted. Do not send Canadian currency.



Isle au Haut

Isle au Haut Services—There are no private campgrounds on Isle au Haut. There are no moorings available at Duck Harbor. Boats can be anchored on the shore side of the float only. A small store and post office with limited hours are located near the town landing.

Map Legend

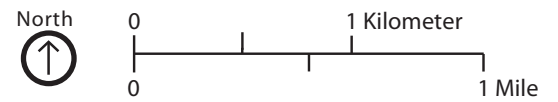
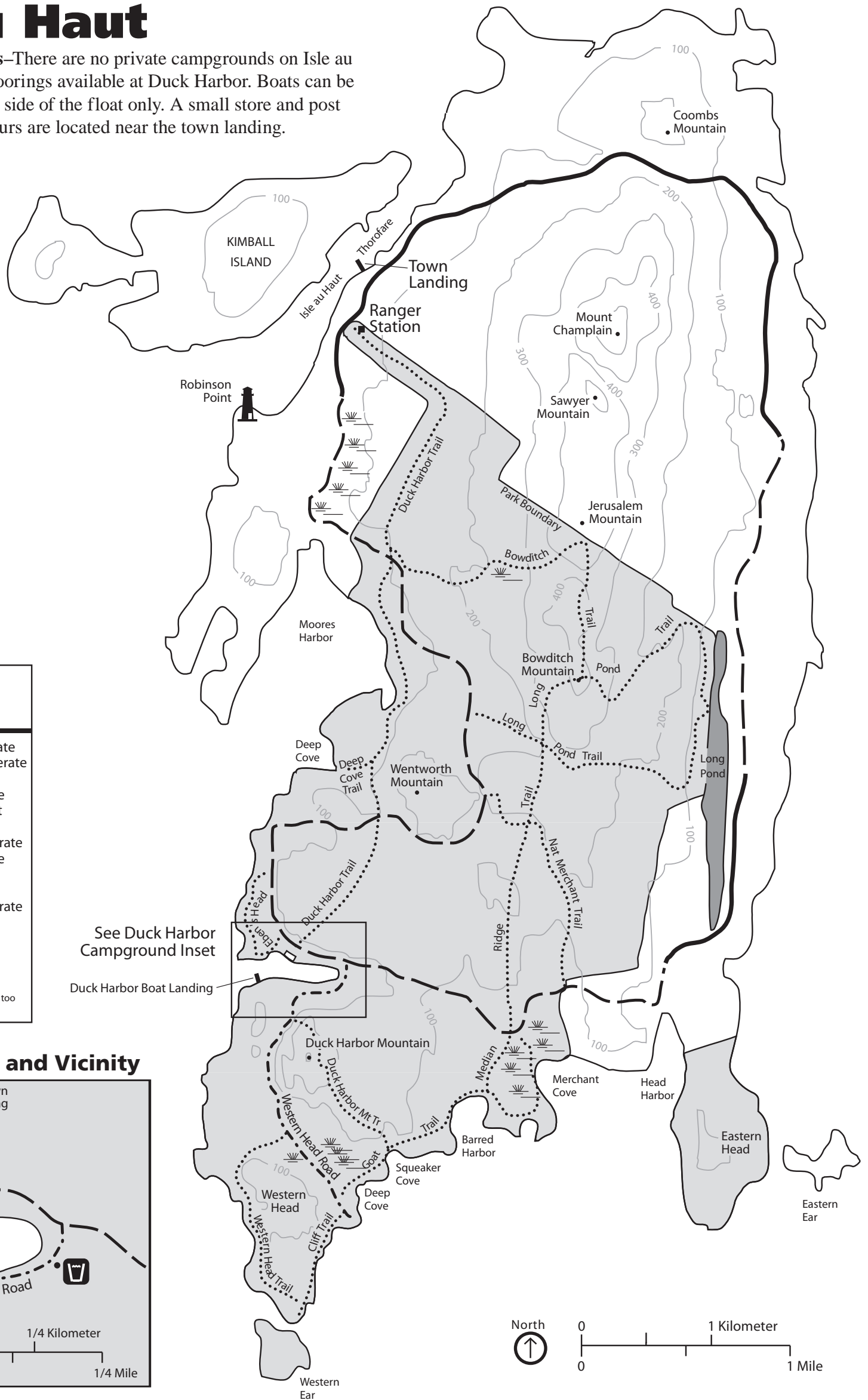
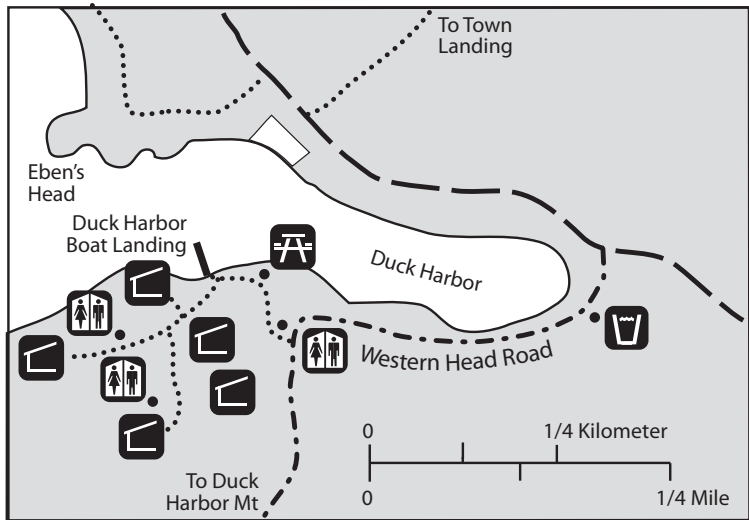
	Hiking trail
	Paved road
	Unpaved road
	Limited access road
	Park land
	Private land
	Campsite shelter
	Composting toilet
	Drinking water
	Picnic area

Trail Information

Name	One-Way Distance (mi/km)	Time/Difficulty
Bowditch*	2.0/3.2	1.5 hours/moderate
Cliff	0.7/1.1	45 minutes/moderate
Deep Cove	0.2/0.3	5 minutes/easy
Duck Harbor	3.8/6.1	2 hours/moderate
Duck Harbor Mt.	1.2/1.9	1.5 hours/difficult
Eben's Head	0.8/1.3	30 minutes/easy
Goat*	2.1/3.4	1.25 hours/moderate
Long Pond	3.0/4.8	2 hours/moderate
Median Ridge	1.8/2.9	1 hour/easy
Nat Merchant	1.1/1.8	45 minutes/easy
Western Head	1.3/2.1	1.25 hours/moderate
Paved Road	5.0/8.0	—
Unpaved Road	7.0/11.3	—
Western Head Rd	1.7/2.7	25 minutes

*After rains, marshes along the Bowditch Trail and Goat Trail may be too wet for hiking. Ask a park ranger for current trail conditions.

Duck Harbor Campground and Vicinity



Acadia National Park Isle au Haut Campground Camping Reservation Request

Name: _____

	Arrival Date	Departure Date
First Choice		
Second Choice		
Third Choice		

Your Contact Information

Name: _____
 Street: _____
 City: _____
 State/Zip: _____
 Telephone: _____
 Email: _____
 Number in Party: _____
 Fee Enclosed: \$ _____

← **Mail this camping reservation request form and the special use permit fee to:**

Acadia National Park
 Attn: Isle au Haut Reservations
 P.O. Box 177
 Bar Harbor, ME 04609



Duck Harbor Campground camp site.

(Official Use Only below)

Confirmed Dates: _____ Deposit Received: \$ _____
 Deposit Received: \$ _____ Date: _____

Schoodic Peninsula Trails

National Park Service
U.S. Department of the Interior
Acadia National Park, Maine

